## AL FARABI KAZAKH NATIONAL UNIVERSITY Medicine and Health Care Faculty Higher School of Medicine Department of Fundamental medicine

# Final exam program of OACh1201"The Human Body (Medical terminology include)" (4 credits)

Topics for the final exam:

# 1. Tissue of Human body I-II

Human tissue. The main classes of classification of adult tissue. Germ layers of human tissues. The structure and location of epithelial tissue, connective tissue, muscle tissue, nervous tissue. Epithelial tissue, connective tissue, muscle tissue, nerve tissue, three germinal germ layers. Three-dimensional shape of the structure, two-dimensional section of the tissue

# 2. Tissue of Human body III

Epithelial tissue. Types of epithelium, their differences from each other. The structure of the epidermis, dermis and subcutaneous tissue. Types of sweat glands, sebaceous and ceruminous glands, their structure. Skin functions. Histology of the hair and its follicle. Hair types. The most common forms of skin cancer.

# 3. Medical terminology. Organization of the body I.

The Language of Medicine. Anatomical Position. Anatomical Planes. Directional Terms. Major Body Regions (Axial and Appendicular Region). Body Cavities and Membranes. Organ Systems.

## 4. Organization of the body II. The integumentary system I-II

The Scope of Anatomy Physiology. Human Structure. Human Function. Structure and functions of the skin. Dermal circulation. Structure and functions of the Cutaneous Glands. Skin Disorders

# 5. Medical imaging I-II

X-ray imaging. Positron Emission Tomography. Computed Tomography. Magnetic Resonance Imaging. Ultrasonography

#### 6. Human Tissue IV-V

Connective Tissue. Tissues and Organs of the Skeletal System. Histology of Osseous Tissue

- 7. The skeletal system I-III Bone Development. Physiology of Osseous Tissue. Bone Disorders
- 8. The skeletal system IV Cranial Bones. Facial Bones
- The skeletal system V General Features of the Vertebral Column. General Structure of a Vertebra. Intervertebral Discs. Regional Characteristics of Vertebrae. Thoracic Cage
- 10. **The skeletal systemVI** The Shoulder Girdle. The Upper Limb
- 11. **The skeletal system VII** The Pelvic Girdle. The Lower Limb
- 12. **Joints** and Their Classification. Anatomy and physiology of individual joints Recap: capstone case

## Learning outcomes

Students on the final written and test exam must demonstrate in their responses the ability to:

- 1) describe and determine the general plan of the structure of the human body;
- 2) describe and localize the bones of the trunk, skull and limbs, taking into account age, gender and individual characteristics;
- describe and localize the joints of the bones of the body, head and extremities, their structure and movements in them, taking into account age, gender and individual characteristics;
- 4) describe and localize muscles, places of their origin and attachment, function, taking into account age, gender and individual characteristics;
- 5) find and show their anatomical structures of the musculoskeletal system in the image, dummy and preparation, medical imaging materials (taking into account age characteristics), name them, including in Latin;
- 6) find and palpate bone and muscle landmarks on a living person;
- 7) apply the basics of international medical terminology anatomical and clinical;
- 8) integrate knowledge of anatomy, physiology, histology and medical biophysics to explain the main phenomena of important medical importance;
- 9) independently find, analyze and generalize educational and scientific information in relation to situations related to the content of the course;
- 10) work in a team, defend their point of view reasonably, consider the opinions of others, provide and receive feedback correctly using the skills of interpersonal and group communication

## A typology of tasks for the exam

To pass the exam in writing/oral.

## **Organization of the body.**

Medical terminology. Introduction to Medical Terminology. Human Functions.

Introduction to anatomy of physiology. Sphere of anatomy, physiology, human structure. Homeostasis, negative feedback, positive feedback, gradient. Anatomical position, Anatomical planes, directional terms. Main areas of the body (axial and appendicular region), body cavities and membranes, organ systems

- 1. Explain why modern medical terminology is based on Greek and Latin.
- 2. Break down medical terms into their main word parts.
- 3. Explain what are some reasons why the literary meaning of a word does not always coincide with its definition
- 4. Explain what are some examples of singular and plural forms of some nouns and adjectives?
- 5. Explain what are the differences between the axial and appendicular regions of the body
- 6. *Identify the area subdivisions and landmarks that divide and define them.*
- 7. Show the four quadrants and nine areas of the abdomen; their defining landmarks; and Explain why this regimen is clinically useful
- 8. Name the segments of the upper and lower extremities; how the anatomical meanings of the arm and leg differ from the spoken meanings,
- 9. Determine the locations and contents of the cranial cavity, spinal canal, chest cavity and abdominal cavity; the membranes that line them; and the main guts contained in each

- 10. describe the content of the mediastinum and its relationship with the chest cavity as a whole,
- 11. give a definition of the pericardium, name it two layers, space and fluid between layers, and its function
- 12. give a definition of pleura, Name its two layers, the space and fluid between the layers, and their functions
- 13. Show willingness and willingness to learn, be an effective team member, and develop self-directed learning and problem-solving skills;
- 14. Name the two divisions of the abdomen and the skeleton that separates them
- 15. Give a definition of the peritoneum; List its functions; its two layers and their connection with the abdominal cavity; and abdominal fluid, mesentery and serous membrane
- 16. Give examples of intraperitoneal and retroperitoneal organs, and how you can identify an organ as intraperitoneal or retroperitoneal,
- 17. Give the definition and location of the posterior and anterior mesentery,
- 18. describe the serous membrane of the abdominal-muscular organ and how it is connected with the peritoneum,
- 19. Give examples of potential spaces and why they are named so
- 20. Define anatomy, physiology and relate them to each other,
- 21. list the levels of a person's structure from the most difficult to the simplest,
- 22. discuss the value of both reductionist and holistic viewpoints for understanding human form and function,
- 23. discuss the clinical relevance of anatomical changes in humans,
- 24. indicate the characteristics that distinguish living organisms from inanimate objects.
- 25. Explain the importance of physiological changes in humans.
- 26. give a definition of homeostasis
- 27. Explain why this concept is central to physiology,
- 28. give a definition and give an example of negative feedback,
- 29. Explain its importance for homeostasis,
- 30. give a definition of positive feedback and give examples of its beneficial and harmful effects,
- 31. give definition of gradient,
- *32. Describe the variety of gradient in human physiology and identify some forms of matter and energy that flow along the gradients*

## Tissue of Human body.

Skin structure and function. Epithelial tissue, connective tissue, muscle tissue, nervous tissue, three embryonic germ layers. Three-dimensional shape of the structure, two-dimensional tissue section. Hair and their follicles, nails, three classes of burns. Epithelium types. Bone system tissues. Connective tissue. Muscular connective tissues, bundles and muscle groups.

- 1. Name the four main classes into which all adult tissues are classified,
- 2. Explain what are the three germ layers and examples of some adult tissues obtained from each layer,
- 3. visualize the three-dimensional shape of the structure from a two-dimensional tissue section,
- 4. *describe the structure and location of epithelial tissue, connective tissue, muscle tissue, nervous tissue*
- 5. Name and classify the types of epithelium, distinguish them from each other,
- 6. describe the histological structure of the epidermis, dermis and subcutaneous tissue,

- 7. Name two types of sweat glands, sebaceous and ceruminous glands, and describe their structure;
- 8. *list the functions of the skin and relate them to its structure*
- 9. describe the histology of the hair and its follicle,
- 10. what are the differences between the three types of hair,
- 11. describe the three most common forms of skin cancer
- 12. Name the tissues and organs that make up the skeletal system
- 13. distinguish between bone as tissue and as organ
- 14. list and describe the cells, fibers and base material of the bone tissue
- 15. indicate the importance of each bone component
- 16. Identify and Compare the Histology of Two Types of Bone Tissue
- 17. Identify and compare histology of two types of bone marrow
- 18. Name and classify the types of connective tissue, describe their cellular components and matrix, and explain how they differ from each other
- 19. describe the properties that most connective tissues have
- 20. discuss the types of cells found in connective tissue
- 21. Explain what the connective tissue matrix is and describe its components
- 22. visually recognize each type of connective tissue from samples or photographs
- 23. describe the components of connective tissue in muscles and their relation to the internal organization of muscles and compartments

#### The integumentary system.

Skin structure and function. Skin tones, general skin signs. The structure and function of the skin glands, skin blood circulation; skin cancer.

- 1. list the functions of the skin and relate them to its structure
- 2. Describe the three classes of burns and the priorities for treating burns
- 3. describe the normal and abnormal colors that the skin can have, explain their causes
- 4. describe common skin markers
- 5. Name two types of sweat glands, relate the structure and function of each
- 6. describe the location, structure and function of the sebaceous and ceruminous glands
- 7. describe the role of cutaneous circulation
- 8. list the functions of the skin and relate them to its structure
- 9. describe the three most common forms of skin cancer
- 10. Demonstrate knowledge of normal integumentary anatomy and physiology (including histology)

#### Medical imaging.

Computed tomography, magnetic resonance imaging, ultrasonography, X-ray examination; Positron Emission Tomography

- 1. describe the general principle of 5 modern medical imaging techniques
- 2. Explain what are 5 modern medical imaging techniques and how they are used?
- 3. discuss the uses and disadvantages of X-ray imaging and PET
- 4. discuss the conditions of use and disadvantages of CT
- 5. discuss the conditions of use and disadvantages of MRI

6. discuss the conditions of use and disadvantages of ultrasonic.

### **Skeletal system:**

Bone Physiology; bone disorders. Bone development, X-ray examination. Bones associated with the skull, cranial bones, facial bones. Skull in infancy and childhood. General features of the spine, general structure of the vertebra, intervertebral discs. Characteristics of the vertebrae and chest. Chest and upper limb. Upper limb. Pelvic girdle. Lower limb.

- 1. Describe the skeletal system functions?
- 2. Discuss the role of bones in regulating calcium and phosphate levels in the blood
- 3. Describe the main hormones that regulate bone physiology,
- 4. describe their action, describe the role of calcium in the skeletal system
- 5. *describe two mechanisms of bone formation*
- 6. *describe the processes by which minerals are added to and removed from bone*
- 7. Name and describe bone diseases associated with bone development
- 8. describe the development of the skull from infancy to childhood
- 9. Explain why bone count varies by age and individual
- 10. distinguish the bones of the facial from the bones of the cranial vault
- 11. Demonstrate knowledge of normal anatomy and physiology of the skeletal system (including histology)
- 12. describe the general characteristics of the spine and a typical vertebra;
- 13. describe the structure of the intervertebral discs and their connection with the vertebrae
- 14. identify the vertebrae in different areas of the spine
- 15. *identify the sternum and ribs and describe how the ribs articulate with the thoracic vertebrae*
- 16. identify and describe the features of the clavicle, scapula, humerus, radius, ulna
- 17. *identify and describe the features of the bones of the wrist and hand*
- 18. describe the common features of tubular bone and flat bone
- 19. Name and describe the types of fractures
- 20. Explain how the fracture is healed
- 21. discuss some of the clinical treatments for fractures
- 22. Identify and describe the features of the pelvic girdle
- 23. compare the anatomy of the male and female pelvic girdles and explain the functional significance of the differences
- 24. identify and describe features of the femur, patella, shin bones, fibula, and foot bones

## Joints.

Joints and their classification. Jaw joints, shoulder joints. Hip and knee joints. Elbow and ankle joints.

- 1. Explain what joints are, how they are called and what functions they perform
- 2. Name and describe the four main categories of joints
- 3. identify the anatomical components of a typical synovial joint
- 4. *identify the main anatomical features of the jaw, shoulder joints, hip and knee joints, elbow and ankle joints*
- 5. Explain how the mechanical advantage relates to the strength and speed of the bones that make up these joints, the movement of these joints

- 6. discuss the factors that determine the range of motion of these joints
- 7. describe the main axes of rotation that the bone can have and relate this to the degree of *freedom of the joint*
- 8. Demonstrate an understanding of the relationship between structure and function at the level of tissue, organs and organ systems and the basic physiological mechanisms of maintaining homeostasis, vital functions of the body and their characteristics, taking into account age, sex and individual differences;
- 9. Demonstrate teamwork, self-study, and problem-solving skills;
- 10. Demonstrate knowledge of normal anatomy and physiology of the skeletal system (including histology)

### The list of anatomical structures to be submitted to the exam.

## Topic: Skull Anatomical structures:

- 1. supraorbital foramen / notch
- 2. supraorbital margin
- 3. glabella
- 4. sella turcica
- 5. optic canal
- 6. anterior clinoid process
- 7. superior orbital fissure
- 8. pituitary fossa
- 9. foramen rotundum
- 10. foramen ovale
- 11. foramen spinosum
- 12. foramen lacerum
- 13. medial pterygoid plate
- 14. lateral pterygoid plate
- 15. coronal suture
- 16. sagittal suture
- 17. parietal foramen
- 18. zygomatic process
- 19. mandibular fossa
- 20. mastoid process
- 21. mastoid notch
- 22. stylomastoid foramen
- 23. internal auditory canal
- 24. carotid canal
- 25. jugular foramen
- 26. foramen magnum
- 27. basilar part
- 28. occipital condyle
- 29. hypoglossal canal
- 30. condylar canal
- 31. external occipital protuberance
- 32. superior nuchal line
- 33. inferior nuchal line

- 34. orbital plate
- 35. superior nasal concha
- 36. middle nasal concha
- 37. crista galli
- 38. infraorbital foramen
- 39. frontal process
- 40. orbital surface
- 41. alveolar process
- 42. palatine process
- 43. maxillary sinus
- 44. mental tubercle
- 45. foramen mentale
- 46. condylar process
- 47. coronoid process
- 48. mandibular notch
- 49. mandibular foramen
- 50. angle of mandible
- 51. mandibular ramus
- 52. body of the hyoid bone
- 53. greater horn
- 54. lesser horn

## **Topic: Shoulder girdle Anatomical structures:**

- 1. superior margin
- 2. medial margin
- 3. lateral margin
- 4. inferior angle
- 5. superior angle
- 6. spine of the scapula
- 7. supraspinatus fossa
- 8. infraspinatus fossa
- 9. scapular notch
- 10. acromion
- 11. coracoid process
- 12. glenoid cavity
- 13. subscapular fossa
- 14. head of rib
- 15. neck of rib
- 16. costal tubercle
- 17. costal groove
- 18. conoid tubercle
- 19. sternal end
- 20. acromial end
- 21. manubrium
- 22. suprasternal (jugular) notch
- 23. clavicular notch
- 24. sternum body
- 25. sternum angle
- 26. xiphoid process

## **Topic: Pelvic bones Anatomical structures:**

- 1. iliac crest
- 2. acetabulum
- 3. superior anterior iliac spine
- 4. iliac fossa
- 5. inferior anterior iliac spine
- 6. superior ramus of the pubic bone
- 7. inferior branch of the pubic bone
- 8. obturator foramen
- 9. ischial ramus
- 10. ischial spine
- 11. large sciatic notch
- 12. superior posterior iliac spine
- 13. auricular surface
- 14. inferior posterior iliac spine
- 15. lesser ischial notch
- 16. ischial tuberosity

# **Topic: Upper limb Anatomical structures:**

- 1. anatomical neck
- 2. Greater tubercle
- 3. lesser tubercle
- 4. intertubercular sulcus
- 5. deltoid tuberosity
- 6. head of humerus
- 7. humerus block
- 8. lateral epicondyle
- 9. medial epicondyle
- 10. lateral supracondylar crest
- 11. medial supracondylar crest
- 12. olecranon fossa
- 13. coronary fossa
- 14. radial fossa
- 15. radial tuberosity
- 16. styloid process
- 17. elbow notch
- 18. radius neck
- 19. trochlea
- 20. olecranon
- 21. coronoid process
- 22. radial notch
- 23. styloid process
- 24. interosseous margin

Topic: Lower limb Anatomical structures:

- 1. fossa of the head
- 2. greater trochanter
- 3. lesser trochanter
- 4. intertrochanteric crest
- 5. intertrochanteric line
- 6. linea aspera
- 7. linea pectinea
- 8. gluteal tuberosity
- 9. medial supracondylar line
- 10. lateral supracondylar line
- 11. medial epicondyle
- 12. lateral epicondyle
- 13. medial condyle
- 14. lateral condyle
- 15. intercondylar fossa
- 16. patellar surface
- 17. popliteal surface
- 18. lateral condyle
- 19. medial condyle
- 20. intercondylar eminence
- 21. tibial tuberosity
- 22. medial malleolus
- 23. head of fibula
- 24. apex of the fibula
- 25. lateral malleolus
- 26. scaphoid bone
- 27. lunate bone
- 28. triangular bone
- 29. pisiform bone
- 30. trapezoid bone
- 31. trapezius bone
- 32. capitate bone
- 33. hamate bone
- 34. hook of the hamate bone
- 35. base of the metacarpal bone
- 36. metacarpal head
- 37. proximal phalanx
- 38. distal phalanx
- 39. middle phalanx
- 40. calcaneus
- 41. talus
- 42. scaphoid bone
- 43. medial sphenoid bone
- 44. intermediate cuneiform bone
- 45. lateral cuneiform bone
- 46. cuboid bone

**Topic: Vertebral column Anatomical structures:** 

- 1. dens
- 2. foramen transversum
- 3. superior articular facet
- 4. inferior articular facet
- 5. spinous process
- 6. costal fovea of the transverse process
- 7. superior costal fossa
- 8. posterior tubercle
- 9. anterior tubercle
- 10. inferior costal fovea
- 11. body of the vertebra
- 12. anterior sacral foramen
- 13. median sacral crest
- 14. lateral sacral crest
- 15. posterior sacral foramen
- 16. auricular surface
- 17. promotorium
- 18. superior articular process
- 19. transverse process

### Theme: Joints Anatomical structures:

- 1. coracoacromial ligament
- 2. coracoclavicular ligament, conoid ligament
- 3. coracoclavicular ligament, trapezius ligament
- 4. acromioclavicular ligament
- 5. radial ligament
- 6. patellar ligament
- 7. peroneal collateral ligament
- 8. anterior fibular head ligament
- 9. anterior cruciate ligament
- 10. tibial collateral ligament
- 11. posterior cruciate ligament
- 12. transverse knee ligament
- 13. posterior meniscofemoral ligament
- 14. sacro-tuberous ligament

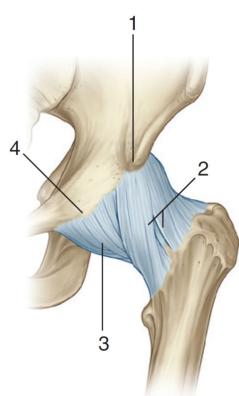
## List of histological preparations submitted for examination

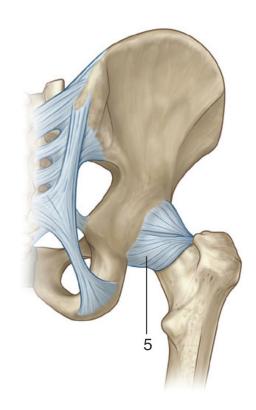
- 1. Low prismatic epithelium of the renal tubules. Hematoxylin-eosin
- 2. High prismatic epithelium of renal tubules. Hematoxylin-eosin
- 3. Multi-row ciliated epithelium; Hematoxylin-eosin
- 4. Stratified squamous non-keratinizing epithelium; Hematoxylin-eosin
- 5. Stratified squamous keratinizing epithelium; Hematoxylin-eosin
- 6. Bladder epithelium; Hematoxylin-eosin
- 7. Finger skin. Epidermis; Hematoxylin-eosin
- 8. Finger skin. Dermis; Hematoxylin-eosin
- 9. Skin with hair. Hair follicles. Hematoxylin-eosin
- 10. Skin with hair. Hair root. Hematoxylin-eosin;

- 11. Skin with hair. Sebaceous glands. Hair lifting muscle. Hematoxylin-eosin;
- 12. Skin with hair. Cross section through the hair root. Azocarmine;
- 13. Loose unformed connective tissue; Iron hematoxylin.
- 14. Loose unformed connective tissue; Macrophages. Iron hematoxylin.
- 15. Loose unformed connective tissue; Fibroblasts. Iron hematoxylin.
- 16. Dense loose fibrous connective tissue of the skin of the finger. Mallory staining;
- 17. Tendon longitudinal section; Hematoxylin-eosin
- 18. Lymph node reticular tissue. Hematoxylin-eosin
- 19. Hyaline cartilage.Hematoxylin-eosin;
- 20. Elastic cartilage. Hematoxylin orcein;
- 21. Fibrous cartilage. Hematoxylin-eosin;
- 22. Lamellar bone tissue. Schmorl staining.
- 23. Mesenchymal bone development. Hematoxylin-eosin;

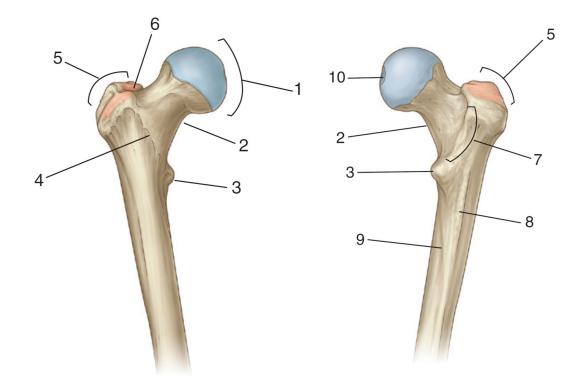
#### **Example of anatomy assignment:**

1. Name the joint, define its affiliation according to the classification of joints. Name each anatomical structure that is marked in the picture and write its function.

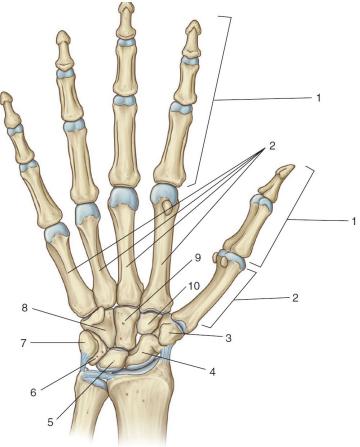




2. Write the name of the bone, determine if it is right or left. Identify each marked structure and write its function.



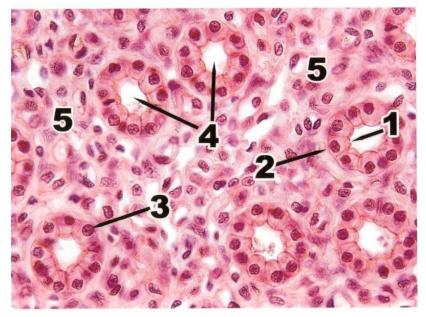
3. Write the name of the anatomical structures indicated in the picture. Write down the names of the joints that are formed by these structures and indicate their type using the



synovial joint classification.

#### **Example of histology assignment:**

Low prismatic epithelium of rabbit kidney tubules. Hematoxylin-eosin. x 400. Name the structures indicated by numbers. Describe the structure of the epithelium lining the kidney tubules. Compare the structural features of monolayer and stratified epithelium. Describe the structure of secretory cells. List the classifications of the glands.



# Response quality scale (written / oral response)

Mark	Criteria	Scale, points
Excellent	<ol> <li>all key aspects are included and presented logically;</li> <li>high accuracy (relevance, without redundancy) and constant attention to the issue;</li> <li>excellent integration of theoretical questions;</li> <li>providing relevant examples;</li> <li>in-depth analysis and theoretical justification of the problem (if applicable), all key aspects identified and interpreted;</li> <li>fluency in professional terminology</li> </ol>	
Good	<ol> <li>all key aspects are included and presented logically;</li> <li>constant focus on the issue with satisfactory accuracy, relevance, and / or some redundancy;</li> <li>satisfactory integration of theoretical questions;</li> <li>the lack of examples;</li> <li>satisfactory analysis and theoretical justification of the problem (if applicable), most of the key aspects identified and interpreted;</li> <li>correct use of professional terminology</li> </ol>	
Satisfactory	<ol> <li>most of the key aspects are included;</li> <li>satisfactory focus on the question - some errors and / or noticeable redundancy;</li> <li>theoretical problems presented without noticeable integration;</li> <li>Providing failed examples or no examples;</li> <li>some analysis and theoretical justification of this problem (if applicable), most of the key aspects are defined and interpreted;</li> <li>correct use of professional terminology</li> </ol>	
Unsatisfactory (FX)	<ol> <li>most of the key aspects are omitted;</li> <li>lack of attention to the issue-irrelevant and significant redundancy;</li> <li>some theoretical problems presented without integration and understanding;</li> <li>missing or outdated examples;</li> <li>some analysis and theoretical justification of this problem (if applicable), most of the key aspects are omitted;</li> <li>problems in using professional terminology</li> </ol>	
Unsatisfactory (F)	<ol> <li>most or all of the key aspects are omitted;</li> <li>no focus on the question, not much related to the issue of information;</li> <li>significant gaps in theoretical questions, or their superficial consideration;</li> <li>the lack of examples or irrelevant examples;</li> </ol>	

4. there is no analysis and no theoretical justification for the given problem (if applicable), most of the key aspects are	
omitted;	
5. problems in using professional terminology	

Rating by letter system	Digital equivalent of points	Percentage	Evaluation using the traditional system
A	4,0	95-100	Excellent
A-	3,67	90-94	
B+	3,33	85-89	Good
В	3,0	80-84	
B-	2,67	75-79	
C+	2,33	70-74	Satisfactory
С	2,0	65-69	-
C-	1,67	60-64	
D+	1,33	55-59	
D-	1,0	50-54	
FX	0	25-49	Unsatisfactory
F	0	0-24	
Ι	-	-	«Discipline is not completed»
(Incomplete)			(it is not taken into account when
			calculating the GPA)
Р	-	-	«Pass»
(Pass)			(it is not taken into account when
			calculating the GPA)
NP	-	-	«Not pass»
(No Pass)			(it is not taken into account when
			calculating the GPA)
W	-	-	«Withdrawal»
(Withdrawal)			(it is not taken into account when
			calculating the GPA)
AW			Academic Withdrawal
(Academic			(it is not taken into account when
Withdrawal)			calculating the GPA)
AU	-	-	«Audit»
(Audit)			(it is not taken into account when
		20.00	calculating the GPA)
Cert.		30-60	Certified
		50-100	
Not cert.		0-29	Not certified
		0-49	
R (Retake)	-	-	Repeated study of the discipline

# Grading system

## Exam technology instruction

1. The exam lasts exactly **3 hours.** 

2. At the specified time, the student visits the "app.oqylyq.kz" website.

3. Student receives login and password in IS Univer.

4. Generation of a ticket for each student is made automatically.

5. The exam begins with obligatory proctoring (you cannot turn off the camera and microphone):

- you need a laptop or home computer with a webcam. If it is not available, you can use the smartphone camera, for example, with the "DroidCam client" application.

6. The answer is printed in the field of the **OQYLYQ** program itself. A handwritten response form on a piece of paper is **NOT PROVIDED**.

7. Upon completion of the exam, the student clicks the "Finish" button.

## **Bibliography**

### **Basic literature**:

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